



OUTDOOR PURSUITS

Be A ... Bike Tuner 14 years – Adult

Season Wind Up — Beginner
Before you put your bike away for the season, give it the "once-over". Learn to clean and tune it, repair flats/broken chains, and adjust gears, headsets or brakes. Student-instructor ratio of 1:7.
Thurs., Sept. 21 & 28 6:30 pm-9pm
United Cycle (10323 - 78 Avenue) \$40 plus GST

Season Wind Up — Advanced
Want to learn more intricate details of bike maintenance? This course gives you a better understanding of bike mechanics including hubs, bearings, head sets, sprockets, derailleurs and more.
Student-instructor ratio of 1:6.
Thurs., Oct. 5 & 12 6:30 pm-9 pm
United Cycle (10323-78 Avenue) \$50 plus GST

NOTE: All necessary tools/cleaning materials are provided. Individual needs will be addressed at the beginning of the course.

Be A ... Canoer

For those who have never set foot in a canoe, this program is for you! Our ARCA certified instructors will focus on parts of the canoe, safe paddling techniques and basic strokes.
Tues./Thurs., Sept. 19, 21, 26 & 28
Hermitage Park Pond
\$50 + GST

Be A... Voyageur Canoer 10 years – Adult

As the leaves change colour, take a 3 to 4 hour voyageur canoe tour! Discover the physical and natural highlights of Edmonton's River Valley with a historical visit to the John Walter Museum for an old-fashioned lunch of homemade soup and bannock.
Sun., Sept. 10, Sat., Sept. 30, OR Sat., Oct. 7; 9 am - 2:30 pm
Meet at Capilano Park - 50 Street Boat Launch
\$30/person OR \$80/family (max. 4 people) plus GST

Be An ... Active Person

Whatever your event requires, we can put together a program to meet your group or individual needs. Choose from mountain biking, voyageur/tandem canoeing, orienteering, shelter building, cross-country skiing, snow shoeing and more. We supply all necessary equipment and instruction. Call the Outdoor Program Coordinator at 496-7275 to set up activities, times and locations.

Be A ... Cross-Country Skier

Winter is just around the corner and with it comes cross-country skiing. River Valley Parks offers classes, clinics, and drop-in lessons for people of all ages and abilities. Call 496-2966 in November for costs and details about these evening and weekend programs.
Riverside and Victoria Golf Courses, Gold Bar Park, and Kinsmen Park

CHRISTMAS DAYCAMPS '95

December 27, 28, 29 and January 2, 3, 4, 5

River Valley Camps provide the perfect opportunity for winter fun. Choose from various programs and locations throughout the river valley. Quality supervision is available on site from 8 am to 5 pm. Program hours are from 9 am to 4 pm (please note exception in Muttart-Munchkins). Registration begins Monday, October 2 from 8:30 am - 4 pm. Register in person at the River Valley Outdoor Centre (10125 - 97 Avenue) or call 496-2966.

MUTTART-MUNCHKINS

Ages 4 - 6 yrs. at Muttart Conservatory. * Runs from 9 am - noon.

SPORTsters

Ages 9 - 12 yrs. at Kinsmen Sports Centre.

WINTER WANDERERS

Ages 7 - 12 yrs. in Wm. Hawrelak Park.

FORTsters

Ages 6 - 9 yrs. at Fort Edmonton Park.

JOHN WALTER MUSEUM

Sunday Openings 1 – 4 pm

- SEPTEMBER: 3 - House Building; 10 - Fudge and Scavenger Hunt; 17 - Artifact Discovery Days (Kitchen Gadgets); 24 - Candle Dipping
- OCTOBER: 1 - Doll Making; 8 - Apple Pie & Scavenger Hunt; 15 - Artifact Discovery Days (Tools); 22 - Candle Dipping; 29 - Howlin' History
- NOVEMBER: 5 - Woodchopping Challenge; 12 - Soup & Sourdough; 19 - Artifact Discovery Days (Toys); 26 - Pioneer Xmas Crafts
- DECEMBER: 3 - Pioneer Xmas Crafts; 10 - Pioneer Xmas Crafts; 17 - Candlelight Christmas Matinee; 24 & 31 Closed.

Country Woodcrafts You and your child will learn valuable skills and make practical creations in workshops led by an experienced woodworker and historical interpreter.
Oct. 14 Birdfeeder, 10 am -12:30 pm Tool Box, 1:30 - 4 pm
Oct. 21 Book Ends, 10 am - 12:30 pm Bottle Lanterns, 1:30 - 4 pm
Nov. 4 Covered Wagon, 10 am - 12:30 pm Planter, 1:30 - 4 pm
Nov. 18 Pencil Box, 10 am - 12:30 pm
\$21.40/adult-child pair; \$16.05/pair/course if in 2 courses

Howlin' History Hunt for skeletons, carve pumpkins, make candied apples, and enjoy ghost stories when you visit the museum for some haunted Halloween history!
Sat., Oct. 28 OR Sun., Oct. 29 from 1 - 4 pm
Admission is \$10/family or \$3.50/person

Pioneer Christmas Crafts Children and parents will learn the secrets of making festive home-made gifts for family and friends in this 2 hour workshop.
Sundays: Nov. 26, Dec. 3 OR Dec. 10 from 2 - 4 pm
\$10.70 per adult/child pair

Candlelight Christmas Celebrate the 12 days of Christmas the old-fashioned way at the John Walter Museum. Call 496-2966 in November for details and costs.

Pioneer Birthday Parties
Design a 2 hour party for your child and up to 11 guests. Choose one baking and craft activity like making ice cream, fudge, boats, or candles. Parents supply cake and gifts for the last half hour.
\$65 OR \$70 with costume rental; \$2.15 for each Polaroid photo

GROUP PROGRAMS

My Biking Birthday This mountain biking birthday party is specially designed for your energetic child and 9 friends, ages 6 - 8. We provide bikes and all safety equipment as the kids take on an obstacle course and the challenge of the River Valley Bike Trails.
Rundle Park
Sat. OR Sun., 11 am - 1 pm OR 1:30 - 3:30 pm
\$69.55 (includes bike rental)

My In-line Skating Birthday This awesome birthday celebration for children ages 9 - 12 is sure to thrill. We outfit each child with the necessary safety gear, as well as a set of in-line skates so they can travel the trails in "wheel" style!
Rundle Park
Sat. OR Sun., 11 am - 1 pm OR 1:30 - 3:30 pm
\$53.50 (includes in-line skates)

My Best Birthday Party
Kowabunga Dude! Our newest birthday party theme is a day at the beach. Your child and 9 of their friends can hang ten as our swingin' staff lead the kids in extreme fun. **NEW THIS YEAR!!!** For your convenience, we provide invitations, loot bags, birthday cake and drinks for an additional \$25.00.
Rundle Family Centre
Sat. OR Sun. 11am - 1pm OR 2 - 4 pm.
\$53.50

On Location Program This portable recreation program is guaranteed to deliver laughter to your next community event. We supply the equipment and staff for colourful face painting, thrilling games and rowdy relays.
Your Community
\$128.40

Badge Programs
Earn your badge while having fun with River Valley Parks. Park programs include everything from fire building to snowshoeing. John Walter Museum offers pioneer activities for its badge program. We supply all necessary equipment and Parks and Recreation staff to instruct you. Choose any evening or weekend and come on down.
River Valley Parks \$64.20/group
John Walter Museum \$3.25/child



MAP LEGEND

- F** Fort Edmonton Park (River Valley Loop) corner of Fox Drive & Whitemud Drive
- N** Whitemud Nature Reserve Keillor Road and Fox Drive
- W** Wm. Hawrelak Park 93 Avenue & Groat Road
- S** Southwest Cultural Centre 11507 - 74 Avenue
- U** United Cycle 10323 - 78 Avenue
- K** Kinsmen Park 9100 Walterdale Road
- D** Donald Ross Park 10125 - 97 Avenue
- M** Muttart Conservatory 9626 - 96A Street
- J** John Walter Museum 9100 Walterdale Road

- C** Capilano Park 109 A Avenue & 50 Street
- R** Rundle Park 29 Street & 113 Avenue
- H** Hermitage Park Victoria Trail and Hooke Road



PRE-REGISTER FOR ALL PROGRAMS ON THIS PAGE (EXCEPT FOR SUNDAY OPENINGS) BY CALLING **496-2966**

Southwest Cultural Centre (the City's Art Centre)

11507 - 74 Avenue

496-6955



Discover the Fun of participating in visual and performing arts programs, in the warm and friendly atmosphere of the Centre. Get down and dirty as you create unique art in pottery. Explore your creative potential in a drawing and painting or stained glass course. Express yourself in a drama course. The chance to be creative is here for you at the Southwest Cultural Centre, the City's art centre!

Programs are offered for children of all ages, teens and adults.

For more information or a free program brochure,
call 496-6955.



OPEN HOUSE '95

Meet the instructors and try your hand at a variety of arts and crafts activities. Art works for sale too!
Free admission. Refreshments will be served.

When: Sunday, September 10, 1995

Time: 1 to 5 pm

Where: Southwest Cultural Centre

Registration for Fall Programs begin Thursday, August 31,
8:30 am. For more information or a brochure, call 496-6955.

RIVER VALLEY INFORMATION

For maps, parks and program information:

RIVER VALLEY OUTDOOR CTR. 496-7275

10125 - 97 Avenue

Public Hours: weekdays 8 am - 5 pm

To register for programs and tours:

REGISTRATION OFFICE 496-2966

For golf course information and programs:

MUNICIPAL GOLF COURSES 496-7275

Riverside Golf Course Reservation line 496-8700

Rundle Golf Course Reservation line 496-4926

Victoria Golf Course Reservation line 496-4900

For historical programs:

JOHN WALTER MUSEUM 496-4852

(Located in Kinsmen Park)

Public Hours: Sundays from 1 - 4 pm (Sept. 10 - Dec. 17)

Closed Christmas Eve and New Year's Eve

For park information:

RUNDLE FAMILY CENTRE 496-7399

(Located in Rundle Park)

For river valley updates and special events:

TALKING YELLOW PAGES 493-9000

Code: 4223

For reporting your concerns and comments:

TRAIL REPORT LINE 496-2959



RIVER VALLEY

Parks

Fall 1995

inside:

group programs

special events

outdoor programs

urban golf

john walter museum

outdoor pursuits

William C. Wonders Map Collection
University of Alberta Libraries

2 Box 25-81

SPECIAL EVENTS

Grand Olde Fair

The Fall Fair of the early 1900's returns with all the old time excitement. Enjoy live entertainment, antique cars, pioneer games and activities. Get out the family's secret recipes and enter the homemade pie contest!

Mon., Sept. 4 from 12 - 4 pm

Donald Ross Park (10125 - 97 Avenue)

Free

EXAMINER

Phantom Foolery

Spooky songs, ghostly lore, games and giggles — it's fun galore! Gather your gang around the fire at John Walter Museum and celebrate this haunted season with our ghoulishly, foolish leaders. Call 496-2966 to register.

Mon., Oct. 23 - Mon., Oct. 30 from 6 - 8 pm

John Walter Museum (in Kinsmen Park)

\$2.50 per person

VOLUNTEER OPPORTUNITIES

With over 7400 hectares of land, more than 112 km of maintained trails and many recreational programs, Edmonton's River Valley offers unique and diverse volunteer environments. Join our:

River Valley Volunteer Park Patrol

Dog Lover Patrol

John Walter Museum

Call 496-2988 for more information about these volunteer programs.

Plan some festive fun for your coworkers or family Christmas gathering with River Valley Parks. Choose from a variety of locations and costs; from skating at Rundle Park to a traditional setting at the John Walter Museum. Call 496-7275 for more details.

TOURIFFIC ADVENTURES

Gather your family and friends and join us on a leisurely River Valley tour. These specially designed outdoor programs offer an affordable way for individuals and groups to experience the adventure and beauty of our River Valley Park System. Register by calling 496-2966.

Voyageur Canoe Tour

Our fearless crew will take you on a journey to discover the physical and natural highlights of Edmonton's River Valley, with a historical visit to the John Walter Museum for an old-fashioned lunch. Tours begin at 9 am and end at approximately 2:30 pm. Meet at the 50th Street Boat Launch in Capilano Park.

Sun., Sept. 10; OR Sat., Sept. 30; OR Sat., Oct. 7

\$30/person or \$80/family (up to four persons) plus GST



Leisurely Mountain Bike Tour

Experienced guides will lead you on this safe excursion into the wilds of Edmonton's back yard. Participants meet at Kinsmen Park.

Tues., Sept. 19 from 7 to 9 pm

\$5/person (includes bike rental)



In-line Skating Tour

Invigorating in-line skating ... what a great way to spend an afternoon with your family! Participants meet at the tennis court building in Rundle Park.

Tues., Sept. 26 from 7 to 9 pm

\$2/person



Discovery Walking Tour Explore the natural wonders of Edmonton's River Valley on this scenic walk. Cost is \$2 per person. Choose from three different locations, listed below:

Whitemud Nature Reserve

Thurs., Sept. 14 OR Thurs., Oct. 5 from 1 to 3 pm

River Loop Trail

Thurs., Sept. 21 OR Thurs., Oct. 12 from 1 to 3 pm

Hermitage Park

Thurs., Sept. 28 OR Thurs., Oct. 19 from 1 to 3 pm

CORPORATE ADVENTURES

Edmonton River Valley Parks designs exciting outdoor recreational programs tailored to fit your convention or corporate needs. Call 496-7275 for an information package or to register.

Unconventional Fun!

When your convention delegates come to Edmonton, they'd better pack their spirit of adventure! Knowledgeable interpreters and captivating outdoor adventures provide recreation opportunities designed to enlighten and invigorate your visitors. Our unique, affordable programs are tailor-made to suit your itinerary and the fitness levels/interests of your group.

Corporate Adventures

An invigorating fresh-air experience may be the break your staff needs this fall. Join us "after hours" for one of our many programs - from mountain biking to cross-country skiing. These affordable 2 hour programs include all safety gear and refreshments on route.



Flip this page up to see more exciting programs!

